



QUINTA DO LAGO
LEDLEY KING

18th - 22nd August 2025

 **Football[®]
Escapes**



LEDLEY KING

Football Escapes Ambassador

A true one-club man, Ledley King has been hailed by many as one of the Premier League's best-ever central defenders. He made a total of 323 competitive appearances for Tottenham Hotspur, as well as 21 international appearances for England - featuring at UEFA Euro 2004 and the 2010 FIFA World Cup.

ON THE PITCH

Kit collection

Sunday, 10am - 12pm

Your child's personalised Nike kit will be waiting pitchside. Join us at The Campus.

Daily football

Monday - Friday, 10am - 12pm

Join us out on the pitch alongside our ambassador. Our sessions are supported by our team of UEFA-licensed coaches.

Parents' match

Wednesday, 12:30pm - 1:30pm

It's Mum's and Dad's time to shine. Take to the pitch alongside our ambassador and coaches - don't forget to pack your own suitable footwear! Join us for a well-earned drink after the match!

Medals and photos

Friday

Each player will receive a medal on completion of the week - which will be presented by our ambassador. Parents please make sure you arrive 20 minutes before the session finishes to avoid missing out.

Please note: For the sessions, players will be split into age and ability groups. You'll need to bring moulded football boots or Astro trainers, shin pads and a water bottle with your child's name on it.

OFF THE PITCH

FC25 Tournament

Monday, 6:30pm to 8:30pm

Start the week strong. The kids are invited for a game of FC25 - a popular opening night activity on a Football Escapes holiday. Head to Dano's for a game of FC25. Let's see who's crowned champion.



Head Coach (in resort)**Joe Butler**

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Football Escapes Customer Support

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F A Q s

What football boots does my child need?

Your child should wear moulded boots or astro turf trainers.

Does my child need shin pads?

Yes, please bring shin pads as they are not provided.

Will water be provided at the sessions?

Yes, water will be available for your child to drink as much as they like.

Can we leave our children during the FIFA night with Football Escapes?

Yes, you can leave your children. We will discuss a pickup time on the day of the FIFA night.

Is food supplied at the FIFA night?

A range of small snacks and drinks will be available.

How do I protect my child from the sun at the session?

Please ensure that your child has a cap and has had sun cream applied before the session.

What happens if the weather is too hot?

We may also adjust times of sessions dependant on conditions.

Sessions are tailored for the weather with opportunities to rest in shaded areas. Unlimited water is available at all times.

Do parents have/need to stay and watch?

No, although there are opportunities for parents to watch from the sidelines as well as participate in our parents challenges towards the end of each session.